

# *Your Monthly Goal Planner*

MONTH :

YEAR :

TOP 3 MILESTONES

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DEADLINES

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HABITS I WANT TO  
INTRODUCE OR REMOVE

ACTION STEPS/ PROJECTS

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OBSTACLES I FACE

HOW WILL I OVERCOME THOSE OBSTACLES?

HOW WILL I REWARD MYSELF ONCE I ACCOMPLISH  
THIS MONTH'S MILESTONES?

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*Don't wait until you've reached your goal to  
celebrate. Celebrate every step of the way.*